

# BREAKFAST 2019-2020

## STRAFFORD R-VI SCHOOL DISTRICT

Students may replace main dish with a Malto-Meal cereal.

Varieties offered:

Frosted Flakes Multi - Grain,  
Tootie Fruitie,  
Cinnamon Toasters,  
Marshmallow Mateys,  
Coco Roos  
Honey Nut Cheerios.

Menu subject to change without notice. This breakfast menu will be on rotation throughout the school year.

Mon	Tue	Wed	Thu	Fri
Sausage Biscuit Fruit Milk & Juice	Breakfast Pizza Fruit Milk & Juice	Biscuit & Gravy Yogurt Fruit	French Toast Stick Cheese Stick Fruit	Cook's Choice
Egg Cheese Biscuit Fruit Milk & Juice	Frudel (Cherry or Apple) Fruit Milk & Juice	Biscuit & Gravy Yogurt Fruit	Maple Burstin' Pancake Cheese Stick Fruit	Muffin & Yogurt Fruit Milk & Juice
Bacon Egg Cheese Biscuit Fruit Milk & Juice	Breakfast Pizza Fruit Milk & Juice	Biscuit & Gravy Yogurt Fruit	French Toast Stick Cheese Stick Fruit	Cook's Choice
Sausage Biscuit Fruit Milk & Juice	Frudel (Cherry or Apple) Fruit Milk & Juice Cheese Stick	Biscuit & Gravy Yogurt Fruit Milk & Juice	Cini- Mini Cheese Stick Fruit Milk & Juice	Muffin & Yogurt Fruit Milk & Juice

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